

UNIT
7

SPORT



GRAMMAR



Past Simple Tense

a) We use the past simple tense to talk about an action that has already taken place.

E.g.: Yesterday, Liza **went** to her badminton practice. (go)
We **camped** by the waterfall last school holidays. (camp)

b) Most verbs in the past tense end with ‘-d’ or ‘-ed’.

E.g.: They **cycled** to school last weekend. (cycle)
The girls **walked** to the swimming centre yesterday. (walk)

c) There are some verbs in the past tense that required the change of spelling.

E.g.: They **flew** their kites at the park last Sunday. (fly)
Ali and Abu **swam** together last night. (swim)

The following table shows the past tense form of the verb ‘to be’

I	am	exhausted.
He	was	
She		
It		
You	were	
We		
They		